

## Radioactive Iodine (I131) Treatment Referral Form

Please fill all sections and email to [info@wadestownvet.co.nz](mailto:info@wadestownvet.co.nz)

Treatment dates are available on [wadestownvet.co.nz/radioactive.html](http://wadestownvet.co.nz/radioactive.html) or over the phone/email

<b>Owner details:</b> <b>Full name:</b> _____ <b>Phone:</b> _____ <b>Email:</b> _____ <b>Address:</b> _____ _____	<b>Animal Details:</b> <b>Name:</b> _____ <b>Breed:</b> _____ <b>Age:</b> _____ <b>Sex:</b> _____ <b>Colour:</b> _____
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Referring clinic: \_\_\_\_\_

Veterinarian name: \_\_\_\_\_ Date: \_\_\_\_\_

<b>Initial blood test results at the time of diagnosis:</b> <i>Please include reference ranges</i>			<b>Date:</b> _____		
T4 _____	Urea _____	Creatinine _____	SDMA _____		
<b>Follow up blood test results:</b> <i>Please include reference ranges</i>			<b>Date:</b> _____		
T4 _____	Urea _____	Creatinine _____	SDMA _____		

<b>Was the cat on treatment at the time of follow up bloods?</b>	No	Yes <i>Please specify</i>			
<b>Any other medications?</b>	No	Yes <i>Please specify</i>			
<b>Any concurrent illnesses?</b>	No	Yes <i>Please specify</i>			
<b>Any history of cat flu?</b>	No	Yes <i>Please specify</i>			
<b>Patient suitable for gabapentin?</b>	No	Yes	<b>Last vaccination date:</b> _____ <i>Must be current or given at least 2 weeks prior to admission for I131 treatment, including boosters</i>		

<b>Patient's current diet:</b>					
<b>Comments:</b>					

## **Information for Clients about Radioactive Iodine Treatment (I131)**

### **Prior to treatment**

- Antithyroid medication or diet must be stopped 14 days prior to treatment. This includes Felimazole, Vidalta, Neo-Mercazole and Methimazole Spot-On Gel and Hill's y/d diet.
- We recommend transitioning your cat onto an appropriate premium diet. Please consult your regular vet for advice on the best option for your cat.
- Two weeks prior to the treatment day, we will call you to confirm an admission time. Please do not be late as our admission times are scheduled for the pre-treatment veterinary check.
- Please ensure that your cat is up to date with vaccinations, flea and worm treatment.
- If you have any concerns regarding your cat's suitability for this treatment please discuss this with your regular veterinarian.

### **During their stay**

- When you arrive on the day of the treatment day our staff will talk you through the consent form, answer your questions, get the patient settled and return the carrier cage to you.
- Please keep in mind that any personal belongings left with the patient would be disposed of as radioactive waste.
- The veterinarian will examine the patient and give an appropriate dose of mild sedative (gabapentin) to help reduce the stress of the treatment. Then the radioactive iodine is administered as 1 injection under the skin;
- Due to requirements of the NZ Office of Radiation Safety you will not be able to visit your cat during their whole stay. Our staff have undergone specific training and must follow strict protocols regarding the care of radioactive iodine patients during their stay with us. While patient contact is kept to a minimum, all cats are monitored closely and additional veterinary treatment can be provided when necessary.

### **After the treatment**

- Depending on the length of the patient's stay there might be additional instructions and restrictions for home care.
- After the treatment please arrange checks with your usual veterinary clinic for follow up blood tests in approximately 3 months time. In a small number of cases (less than 5%) a second dose of I131 may be needed to control an overactive thyroid.

## Client Consent for Radioactive Iodine Treatment (I131)

There are 3 treatment options. Please pick one:

**I131 Treatment + 7 day stay (\$770)**

Your cat will stay with us for 7 days after the treatment. After that they can go home but **you must agree to comply with the following instructions until 21 days have passed:**

- **Avoid long periods (more than a few minutes) in close proximity with your cat**, particularly during the first week at home. It is safe to pick them up for short periods, but your cat should not sit on anyone's lap for extended periods of time or sleep next to them in bed.
- **Avoid face to face contact.** Do not allow your cat to lick you. If possible wash your hands after handling, especially before eating.
- **Ensure your cat cannot jump up onto kitchen benches**, or get into anywhere that food is placed. If you have to clean an area then wear nitrile gloves, wipe with damp paper towels and dispose of everything in the rubbish bin.
- **Waste management** - if your cat urinates or vomits inside the house, it should be cleaned up thoroughly with paper towels, wearing nitrile gloves and the rubbish disposed of in the rubbish bin. Wash your hands thoroughly after this. If the urine or vomit has soaked into carpets please call the clinic for further advice. Contaminated garments should be washed separately in a washing machine.
- **Litter** - if your cat uses a litter box, keep this in an unoccupied and uncarpeted area. Use a waterproof disposable lining and wear nitrile gloves when cleaning it out.
- We can supply a take-home pack (\$15) for you to use from until day 21. The take-home pack is recommended for clients who will be disposing of waste from a litter tray. The pack contains nitrile gloves, plastic apron and plastic litter tray liners.

**I131 Treatment + 21 day stay (\$1070)**

Your cat will stay with us for 21 days after the treatment. After that they can be treated as normal.

**I131 Repeat Treatment (\$470)      7 days      21 days**

If you choose 7 day after the treatment you must agree to comply with instructions above or 21 days for the same price if it is their repeat treatment.

To confirm your booking, we require a deposit of \$150 at least 2 weeks prior to treatment. Radioactive iodine doses are imported specifically for each patient, so this deposit is non-refundable, and if not received in time may result in a delay of treatment to the next available date. The remaining balance is to be paid when collecting your cat.

I have read and understood the above information and by signing agree to following the above instructions. I understand the risks and potential complications of this treatment which have been explained to me by my own veterinarian.

Owner's full name: \_\_\_\_\_ Owner's signature: \_\_\_\_\_

Date: \_\_\_\_\_

Total to be paid: \_\_\_\_\_

### Payment Options for the \$150 deposit

Over the phone or Direct credit/Online banking: 06 0507 0821086 00

Reference: cat's name, owner's surname and 'iodine'. We will email you the receipt once we receive the payment.